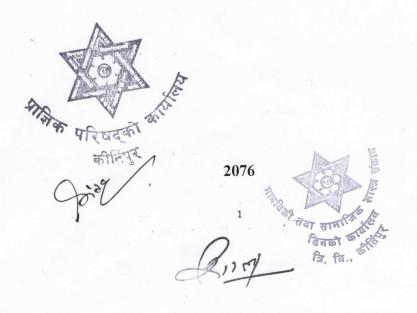
# **Tribhuvan University**

# Faculty of Humanities and Social Sciences

# **COURSES OF STUDIES**

# **Bachelor of Arts in History**





## First Year

Hist. 421
History of Ancient and Medieval Nepal
Hist. 422
International History [1774-1990]

## **Second Year**

Hist. 423 History of Modern Nepal [1742-1990] Hist. 424 History of China and Japan

## Third Year

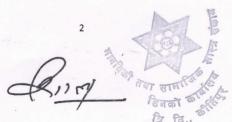
Hist. 425
History of Modern India
Hist. 410 [elective]
Introduction to Tourism Development

## Fourth Year

Hist. 426 Contemporary Nepalese Society and Polity Hist. 427

Introductory Research Methodology





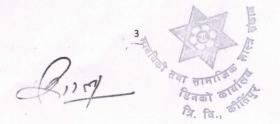


## First Year

Hist. 421 History of Ancient and Medieval Nepal

Hist. 422 International History [1774-1990]







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## Tribhuvan University Faculty of Humanities and Social Sciences **Courses of Studies** Bachelor of Arts in History 2076

Subject:

History

Code:

Hist. 421

Course title:

Ancient and Medieval History of Nepal

Year:

First

FM:

100

Pass:

40

Teaching hrs: 150

## **Course Description:**

This course covers major themes of political development up to the end of the Malla dynasty of Kathmandu valley. It begins with surveying of sources of ancient history of Nepal followed by certain pre historic accounts. It further focuses on history of the Licchavi rule and also the Mallas kingdoms of Kathmandu valley. It also covers the Khasa rule in western Nepal and subsequent Baisi states along with the politica; regime in the Chaubisi states. It further includes the courses of events in the Sena Kingdoms as well as the rule of the Karnata dynasty in southern Nepal as establishing Simraungadh as the center of the rule. It also covers the diplomatic aspects of the Malla and also contexts of tangible heritages

## **Objectives**

The objectives of the course are - to provide basic knowledge of history of ancient and medieval periods of Nepal. Students will also learn about historical sources, role of geography in setting history, pre-historic accounts, and other historical dynasties and the society during the ancient and medieval periods.

#### Study of Ancient and Medieval Nepalese History of Nepal Unit

10

- 1. Sources for the study of ancient and medieval History of Nepal,
  - i. Archaeological,
  - ii. Epigraphy
  - iii. Numismatic.
  - iv. Chronicles,
  - v. Folklore and Oral traditions
  - vi. Influence of Geography on the history of Nepal.

#### **Early Historical Setting** Unit II.

Brief introduction to Ramapithecus in Nepal

The legendary origin of Nepal

3. Beginning of settlements in the Kathmandu valley



# 

- 1. Khasa Malla kingdom in western Nepal
  - a. The beginning of the Khasa rule
  - b. The political regime
  - c. Disintegration of the Khasas.
- 2. The Baise and the Chaubise Kingdoms
  - a. Baisi Kingdoms
    - i. Origin of the Baisi Kingdoms
    - ii. Relation among the Baisi states
  - b. Chaubisi Kingdoms
    - i. Introduction to the Chaubisi states
    - ii. Relations among the Chaubisi states
    - iii. The rise of Gorkha
- 3. Political entity of Simaraungarh,
- a. Rise of Karnata dynasty, King Nanyadev and other prominent Kings,
- b. Muslim Invasion and end of the dynasty
- 4. Brief introduction to Sena Kingdoms -Makawanpur, Chaudandi and Vijayapur

## Unit V: Bhaktapur, Kathmandu and Patan under the Mallas

40

- 1. History of the early Mallas of Bhaktapur
- 2. Jayasthi Malla and his social reforms
- 3. Yakshya Malla and Division of Bhaktapur into three states
- 4. Bhaktapur and its ruling dynasty.
  - a. Political regime and the Prominent Kings
  - b. Relation with Simaraungarh
- 5. Lalitpur and its ruling dynasty
  - a. Prominent Kings and their contributions
  - b. The six Kazis of Patan

Relation with neighbouring states



- 6. Kantipur state and its rulers
  - a. Prominent Kings and their contribution
  - b. Courtiers in the politics

## Unit VI: Society, Diplomacy and Development of Artistic Heritage

- 1. Relations among the Malla kings of three states of the valley
- 2. Malla regime and the British in India
- 3. Development of art and architecture
- 4. Relations with Tibet.
- 5. Sanskrit Literary heritage of medieval Nepal
- 6. Society, economy and administration

## **Required Readings**

- 1. Adhikari, S.M. *The Khasa Kingdom*. Jaypur: Nirala Publications. 1988
- 2. Das, Basudevlal. The Senas of Makawanpur, Birgung: Bharati Nilaya. 2010
- 3. Hamilton, F. *An account of the kingdom of Nepal.* Delhi: Asian Education Services. 1986
- 4. Jha, H. N. *The Lichhavis*. Varanasi: Chowkhamba Publication. 1970
- 5. Joshi, Shankar Lal. *Amshuvarma and His Times* .New Delhi: Anmol Publications. 1986
- 6. Pande, R. N. Making of Modern Nepal. Jaypur: Nirala Publications. 1994
- 7. Petch, Luciano. Medieval History of Nepal. Rome: Institute Italians. 1984
- 8. Pradhan, Kumar. *The Gorkha Conquest*. Calcutta: Oxford University Press. 1991
- 9. Regmi, D.R. Medieval Nepal, Part I. Calcutta: Firma K. L. Mukhopadhyay. 1965
- 10. Sinha, C.P.N. Mithila Under the Karnatas, Patna, Janaki Prakashan, 1979 A. D.
- 11. Vaidya, T. R. An Advance history of Nepal. Delhi: Anmol Publication. 1994.
- 12. खनाल, मोहनप्रसाद : सिमरौनगढको इतिहास, कीर्तिपर, नेपाल र एशियाली अनुसन्धान केन्द्र, (त्रि.वि.), २०५६ वि.सं.
- 13. रेग्मी, जगदीश चन्द्र (२०३१). *प्राचिन नेपालको राजनीतिक इतिहास*.नेपाल: नेपाल राजकीय प्रज्ञा प्रतिष्ठान
- 14. राजबंशी, शङ्करमान(२०२०). सेन बंशावली. नेपाल: प्रातत्व विभाग ।
- 15. सुवेदी, राजाराम (२०५५)। वाइसी राज्यको ऐतिहासिक रुपरेखा काठमाडौँ: नेपाल र एसियाली अनुसन्धान
- 16. दास, बास्देवलाल : मिथिलाको राजनैतिक इतिहास, वीरगंज, भारती निलय, २०७० वि.सं.
- 17. दाहाल, पेशल (वि.सं. २०५७). नेपालको इतिहास. काठमाडौं: एम के पब्लिसर्स एण्ड डिस्ट्रीव्युटर्स ।
- 18. पन्त , दिनेशराज र अरु (सम्पा.)(२०६४). न्याय विकासिनी , मानवन्यायशास्त्र. नेपाल: युएनिडिपी न्यायमा पहँच परियोजना
- 19. नेपाल, ज्ञानमणि (वि.सं. २०५४). *नेपालको पूर्व मध्यकालको इतिहास.* काठमाडौँ : नेपाल र एसियाली अनुसन्धान केन्द्र ।

20. Dhanavajra Vajrācārya and Kamal Prakash Malla (ed.), *Gopalrāj Vamśāvalī*, Kathmandu: Nepal Research Center, 1985.

क्षेत्रिक विरुवद्की क्षितिपुर ि,, न्यू

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Fribhuvan University
Kirtipur

- 21. Dhanavajra Vajrācārya, *Licchavikālkā Abhilekh*, Kathmandu: Center for Nepal and Asian Studies, 2030 VS
- 22. Dhanavajra Vajracharya, and Tek Bahadur Shreatha, Panchali Sashan Paddhati ko Vivechana. Kathmandu: C N A S.2035
- 23. Suvedi, Rajaram. *Karnali Pradeshma Madhyakalin Doti Rajya*, Bhojpur: Rana Bahadur Vantava Rai ra Durj Kumar Rai, Nepal; 2056 B.S







## Tribhuvan University Faculty of Humanities and Social Sciences **Courses of Studies Bachelor of Arts in History** 2076

Subject:

History

Code:

Hist. 422

Course title: International History (1775-1990 A.D.)

Year:

First 100

FM: Pass:

40

**Total Classes: 150** 

### Course description:

This course mainly deals with American and French revolutions along with rise of nationalism in Europe. It also discusses two world wars, international relations between two world wars. Then it also pays attention on Bolshevik revolution and the post was

### **Course Objectives**

The main objectives of this course are:

- To identify the factors that has shaped the course and character of international history of nineteenth and the twentieth centuries.
- To explain th issues that cause international conflicts and wars;
- To analyze the efforts to maintain international peace;
- To evaluate the post war major international events.

#### Unit I The American Revolution (1775-1783)

20

- 1. Causes of the American Revolution
- Effects and Significance of the American Revolution.
- 3. Cause of the Failure of the British.

## **Unit II Revolutionary France**

20

- 1. Europe on the Eve of French Revolution.
- 2. Causes of the French Revolution
- 3. Constituent Assembly, National Convention, Reign of Terror and Directory
- 4. Nature and Significance of French Revolution.

## Unit III Metternich's Era of Diplomacy

- 1. The Congress of Vienna.
- 2. The Concert of Europe.

#### Unit V The Rise of Nationalism in Europe

1. The Unification of Italy-A Brief Account of the History of Italy (1789-1870.

20

Kirtipur

2.	The Unification of Germany and role of Bismarck.	
Unit	VI The First World War	15
1.	Europe on the Eve of the First World War.	
2.	Causes and effects of the First World War	
3.	League of Nations- Introduction, Success and failure.	
Unit	VII Russian Revolution (1917)	15
1.	Causes of the Revolution.	
2.	Contribution of Lenin.	
3.	Results and Significance of the Revolution	
Unit	VIII International Relations between the two World Wars	15
1.	Europe after the Treaty of Versailles	
2.	Foreign policy of USA and USSR	
3.	Rise of Dictatorship - Hitler, Mussolini and Stalin.	
Unit	IX Second World War	15
1.	Causes of the Second World War.	
2.	Effects of the Second World War.	
3.	Formation of UNO.	

## Unit X Post War Period (1945-1990)

15

- 1. Cold War- Meaning, Basis, Causes and impacts.
- The Middle East Crisis Arab League, Objectives and Working of Arab League, Middle Eastern Oil and International diplomacy, Iran - Iraq War and the Gulf War.
- 3. The Rise of Nationalism in Africa, Revolts of Africa and its Impact.

## Suggested Readings

- 1. Best, Antony. (et.al.). *International History of the Twentieth Century and Beyond*. London: Rutledge. 2016.
- 2. Brown. Archie. The Rise and Fall of Communism. London: Vintage Books. 2009.
- 3. Carr. E. H.. International Relations Between the Two World Wars 1919-1939.
- 4. Chhabra. H. K.. History of Modern World Since 1914. Delhi: Surject Publication. 1989.
- 5. Collingwood. R.G.. The Idea of History. Delhi: Oxford University Press. 1985.
- 6. Eyck. Erich. Bismarck and the German Empire. London: Unwin University Press Books. 1968.
- 7. Fay. S.B.. The Origins of the World War. Delhi: Eurasia Publishing House.

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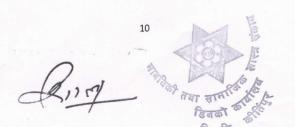
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- 8. Fisher. H.A.L. A History of Europe. Vol. II. London: The Fontana Library. 1966.
- 9. Huntington. Samuel. P.. The Clash of Civilizations and the Remarking of World Order. Delhi: Penguin Books. 1997.
- 10. Kattelby. C.D.M.. A History of Modern Times. Delhi: Oxford University Press. 1973.
- 11. Kaushik. Karuna. History of Communist Russia (1917-1991). Delhi: Macmillion. 2006.
- 12. Lipson. E.. Europe in the 19th and 20th Centuries. London: English Language Book Society. 1963.
- 13. Mahajan. V.D.. History of Modern Europe Since 1789. Delhi: S. Chand and Co.. 1989.
- 14. Mahajan. V.D.. International Politics Since 1900. Delhi: S. Chand and Co.. 1989.
- 15. Majumdar. R. K. and A. N. Srivastva. *The History of United States of America-I.* Delhi: SBD Publishers
- 16. Majumdar. R. K. and A.N. Srivastva. *History of Russia and USSR*. Delhi: SBD Publishers' Distributors. 1999.
- 17. McWilliams. Wayne C. and Harry Piotrowski. The World Since 1945. Delhi: Viva Books. 2009.
- 18. Nanda. S. P.. History of Modern World. Delhi: Anmol Publications Pvt. Ltd. 2001.
- 19. Srivastva. A. N.. International Relations. SBD Publishers and Distributors. 2001.
- 20. Taylor. A.J.P.. The Origins of the Second World War. Middlesex: Penguin Books. 1964.
- 21. Taylor. A.J.P.. The Struggle for Mastery in Europe. London: Oxford University Press. (Latest Edition).
- 22. Thompson. David. Europe since Napoleon. London: Pelican Books. 1973.







## Second Year

Hist. 423

History of Modern Nepal [1742-1990]

Hist. 424

History of China and Japan







# Tribhuvan University Faculty of Humanities and Social Sciences Courses of Studies in History Bachelor in Arts 2076

Subject:

History

Code:

Hist. 421

Course title:

History of Modern Nepal [1742-1990]

Year:

Second

FM:

100 40

Pass: Teaching hrs:

150

## Course description

This course is designed to impart knowledge on modern history of Nepal beginning with the unification campaign. It focuses on the rise of modern Nepal and pays attention to internal conflicts among the ruling elites. It further elaborates the rise of the Rana regime, political development after 1950 along with imparting brief knowledge on administrative history, social practices and relations with India and Tibet-China.

## **Objectives**

At the end of this course, students will be able to understand and evaluate the unification process that lasted for about half a century. It also makes students able to examine the internal conflicts and its impact on the Rana oligarchy. It further helps students to evaluate critically country's external relations, administrative structure and social practices.

#### Unit I Historical Setting of Modern Nepal

10

- 1. Sources of history of modern Nepal
- 2. Geographical influence in history
- 3. An overview of structure of Nepali states

## Unit II Modern Nepal - Rise and growth

20

- 1. Political and economic condition of Gorkha and the Malla Kingdoms of Kathmandu valley on the eve of unification.
- 2. The Unification of Nepal 1742-1792
- 3. The occupation of Kumaun and Garhwal 1792 -1816
- 4. Anglo Gorkha war and end of the unification process in 1816

#### **Unit III Internal Politics 1768-1846**

10

1. Family clashes among the members of ruling families.

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2. The Rise and fall of the courtiers [Bharadars] 3. Rivalry between Thapas and Pandes and its impact. Unit IV Rise of the Ranas [1846-1951] 1. Causes of the rise of the Ranas. 2. Consolidation of power by Jang Bahadur 1846-1857 3. Family clashes among the Ranas and Its impact [1877-1951] 4. Movement against the Ranas and the end of the rule.

## Development of Political History after 1951

25

20

- 1. Political development from 1951 to 1958
- 2. The parliamentary government 1959-1960
- 3. The Panchayat system 1961-1990
- 4. The Popular Movement of 1990 and its impact

## Unit VI Nepalese Administrative System

15

- 1. Nature of Nepalese administration before 1846
- 2. Features of Rana administration 1846-1951
- 3. Central and local administrative machinery under the Ranas
- 4. Major administrative changes occurred after 1951

## **Unit VII Society and Economy**

25

- 1. Structure of the Nepalese society, the practice of Sati, Slavery, and bonded labour.
- 2. Economic activities Trade and commerce, Land holding practices [tenures, rights of peasants and cultivators, various customary land and other taxes].
- 3. Main features of the Muluki Ain 1963
- 4. The impact of Land act 1963 and 1995.

## Unit VIII Nepal's relations with neighbouring Countries

25

- 1. Nepal's Relations with Tibet and China
  - i. Treaty of 1775 and the wars of 1788, 1791-92 and 1855-5
  - ii. Brief introduction to the five yearly missions.
  - iii. Diplomatic relation with China 1955
  - iv. Sino-Nepal Treaty of Peace and Friendship 1960
  - v. Survey of Trade Agreements with China from 1964 onwards प्राज्ञिक
- 2. Nepal India Relations
  - i. Anglo Nepal Treaties 1792, 1801, 1986.
  - ii. Anglo Gorkha War and the Treaty of Sugauli 1816.
  - iii. Brief History of Gorkha Recruitment
  - iv. Treaties of 1923 and 1950.
  - v. Special relations with India after 1950
  - vi. Trade and Transit Treaties with India

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## **Suggested Readings**

- 1. Nepali, Chittaranjan. *Sri Paanch Rana Bahadur Shah*. Kathmandu: Mary Rajbhandary. 2020.
- 2. Adhikari, Krishna Kant. Nepal Under Jang Bahadur. Kathmandu: Buku. 1984.
- 3. Bhattarai, Ghanashyam. *Rana Kalin Jilla Prasashan ma Badahakimharu ko Bhumika*. Kathmandu: CNAS. 2059.
- 4. Bhattarai, Ghanashyan. *Nepal ko Staniya Prasashan ko Itihas 1768-1951*. New Delhi : Adroit Publisher. 2008.
- 5. Gautam, Rajesh. *Nepalma Prajatantrik Andolanma Nepal Praja Parishad ko Bhumika*. Kathmandu: the Author. 2046
- 6. Jain, M.S. Emergence of A New Autocracy in Nepal. Agra: Sri Ram Mehra. 1972.
- 7. K. C., Surendra. *Nepal ko Bidesh Niti ra Baideshik Sambandha. Kathmandu:* Sabita Prakashan. 2058.
- 8. Kshetry, Dil Bahadur. Overview of Slavary in Nepal. Pokhara: Parbati Kshetry. 2013.
- 9. Manandhar, Tri Ratna and Niranjan Sharma. *Adhunik Nepal Ko Rajnaitik Itihas*. Kathmandu: Nepal tatha Asiyali Adhyayan Kendra. 2053.
- 10. Manandhar, Tri Ratna. Nepal The Years of Trouble. Kathmandu: Purna Devi Manandhar. 1980
- 11. Manandhar, Tri Ratna. Some Aspects of Rana Rule in Nepal. *Kathmandu: Purna Devi.* 1983.
- 12. Mishra, Tirtha Prasad. Adhunik Nepal ko Itihas. Kathmandu: M K Publishers. 2052
- 13. Nepali, Chittaranjan. *General Bhimsen Thapa ra Tatkalin Nepal*. Kathmandy: Jor Ganesh Press. 2013.
- 14. Pangeni, Bhaveswor. *Dr. K. I. Singh ko Chin Pravas BS 2008 2012*. New Delhi: Adroit Publisher. 2006.
- 15. Prem, and Peshal Dahal. *Adhunik Nepal Ko Samajik Itihas*, Kathmandu: Sajha Prakashan. 2053.
- 16. Regmi, Mahesh Chandra. *A Study of Nepali Economic History*. New Delhi: Manjusri Publishing House. 1988.
- 17. Regmi, Mahesh Chandra. Land Tenure and Taxation in Nepal. Berkeley: University of California Press. 1968
- 18. Shah, Rishikesh. Modern Nepal. 2 Vols. Delhi: Manohar. 1990.
- 19. Shrestha, Tulasi Narayan. Nepalese Administration: An Image, Kathmandu: Sajha Prakashan. 1981
- 20. Stiller, Ludwig. The Rise of the House of Gorkha. Patna: Jesuit Society. 1975
- 21. Uprety, Prem. Nepal Tibet Relations. Kathmandu: Puga Nara. 1980.
- 22. Uprety, Prem. *Political Awakening in Nepal* New Delhi: Common Wealth Publisher. 1992.
- 23. Vaidya, Tulasi Ram. Prithvi Narayan Shah: The Founder of Modern Nepal. Delhi: Anmol. 1993.
- 24. Vaidya, Tulsi Ram. An Advanced History of Nepal. New Delhi: Anmol Publication. 1994.
- 25. Wright, Daniel. History of Nepal. New Delhi: Asian Educational Service, 1990.







## Tribhuvan University Faculty of Humanities and Social Sciences Courses of Studies in History **Bachelor** in Arts 2076

Subject: Code:

History Hist. 424

Course title:

History of Modern China and Japan

Year:

Second

FM:

100

Pass: Teaching hrs:

40 150

## **Course Description:**

This course imparts knowledge on History of East Asian region mainly focusing on China and Japan in the modern times. The topics on China start from the reign of the Manchus during the Qing dynasty. It elaborates upto the Tian'anmen square incident of 1989.

The second part of the course comprises of modern Japanese history starting from the Tokugawa regime to the end of the Second World War and rise of Japan as an economic power. It also intends to make students acquaint with the Republican era and also the rise of communism in China.

## **Objectives**

The objectives of this course are - to make students knowledgeable on historical presence and activities of westerners in China and Chinese nationalism. Another objective is to provide knowledge of opening up of Japan to the westerners, emergence of Japan as the world power, and her position after the world war II

## Group A

## History of Modern China

75 Classes

#### Unit I China and the West

15

- 1. Political and Economic condition of China under the Manchus
- 2. Foreign contact of China and canton Trade systems
- 3. The Opium Wars [1839-1842 and 1856-1860]

## Unit II Western Imperialism and Chinese Nationalism

- 1. Revolutions Taiping Rebellion, Muslim Rebellions, Sino-Japanese War 1894-95
- 2. Hundred Days Reforms, Boxer uprising and Revolution of 1911

## Unit III Republican China 1914-1949

25





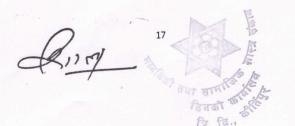
	2.	May Fourth Movement	
		Rise of the Kuomintang and the Chinese Communist Party	
	4.	Chinese Civil Wars 1945-1949.	
	5.	Establishment of the People's Republic of China	
Unit	IV	The Communist Rule in China	20
	1.	A decade of the Communist rule	
		Great Leap forward Movement 1958	
		Cultural Revolution 1966-69	
		Teng Hsiao Ping and the rise of Modern China as an economic power	
	5.	The Tian'anmenSquare Incident 1989	
		Group B	
		History of Modern Japan	
Unit	V	Opening up of Japan	15
		Introduction to the Tokugawas	
		2. Social, Political and economic condition of Japan Under the Tokug	awas
		3. Opening of Japan to foreign powers  The Meii Perstantion	
		4. The Meiji Restoration	
Unit '	VI	Japan as a World Power	25
		1. Anglo Japanese Alliance 1902	
~		2. Russo Japanese war 1904-5	
		3. Japan in the First World war	
		4. Japan from 1918-1938 - growth of ultra nationalism, Washington [1921-1922] and Manchuria Policy.	Conference
Unit	VI	Japan and the World Order	20
		1. Second Sino Japanese war 1937-45	
		2. Anti - Comintern Pact 1936	
		3. The Pearl harbor Episode	
		4. Allied occupation of Japan	
Unit	VI	I Japan after Second World War	15
		1. Japan's Constitution of 1947	
		2. US Japan security Pact 1951 and 1960	
		3. Emergence of Japan as a World economic Power	
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- 1. Fairbank, John K. and Goldman. Merle. *China: A New History*. 2nd ed. Harvard U. Press. 2006.
- 2. Hsu, Immanuel C. Y. The Rise of Modern China. Oxford University Press., 1999
- 1. Vinacke, H. M. History of the Far East in Modern Times. New Delhi: Princeton Hall. 1959. https://archive.org/details/in.ernet.dli.2015.125333/page/n5
- Gordon, Andrew. A Modern History of Japan: From Tokugawa Times to the Present. Oxford: Oxford University Press, 2014. https://www.academia.edu/30222567/A\_Modern\_History\_of\_Japan\_From\_Tokugawa\_Times to the Present
- 4. Gruhi, Werner, Imperial Japan's World War Two: 1931 1945. New Jersey: Transaction Publishers, 2007 https://books.google.com.np/books?id=ow5Wlmu9MPQC&printsec
- 5. Many other web resources







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# Third Year

Hist. 425 History of Modern India

Hist. 410 [elective]

**Introduction to Tourism Development** 

Central Department Of History
Tribhuvan University
Kirtipur

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# Tribhuvan University Faculty of Humanities and Social Sciences Courses of Studies in History Bachelor in Arts 2076

Subject:

History

Code:

Hist. 425

Course title:

History of Modern India (1757-2004)

Year:

Third

FM:

100 40

Pass: Teaching hrs:

150

## **Course Description**

This course begins with the advent of Company rule in India, Its consolidation, and the Socio-economic reforms. It further deals with the Indian revolt of 1857 designed against the British. It further covers the social and religious movements, and the political awakening along with its extended impact. Then it goes on with political development after Indian independence and her relations with neighbouring countries.

## Course objectives;

The objectives of this course are to provide knowledge to the students about the origin of the British rule. It will provide students with information on the consolidation of the company rule as well as social awaking and revolutionary changes brought by British and the Indian reformist which resulted in Indian Independence and partition of India.

## Unit I Establishment of the Company's rule in India.

- 1. Anglo French's rivalry in the Carnatic Wars and Its Impact.
- 2. The Battles of Plessey and Boxer and their Consequences.

## Unit II The Expansion and Consolidation of the Company rule.

- 1. War and Diplomacy Relation with Mysore, Maratha and Punjab.
- 2. Subsidiary Alliance System. And Doctrine of Lapse.

#### Unit III Socio- Economic Reforms: Attempt to Modernize.

- 1. Social and Educational Reforms.
  - a. Economic Measures.
  - b. Administrative Consolidation.

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Unit I	V India in 1857- 58 and after.	15		
1 2. 3.	Revolt of 1857-58 Nature, Cusses and Effects. Sir Syed Ahmed Khan and Muslim Politics. Viceroyalties of Lord Lytton and Lord Curzon.			
Unit V	Socio – Religious Movements in India 19 <sup>th</sup> Century.	20		
2.	Raja Ram Mohan Ray and the Brahma Samaj, Dayanada Saraswati Contribution of Arya Samaj and Prathana Samaj Theosophical Society and Social Reform Movement			
Unit V	I -Political Awaking: The Early Phase.	15		
2. 3.	Emergence of Indian National Congress.  Moderate and Extremists and their program.  Swedish and Revolutionary Movements.  Lack now Pact (1916).			
Unit V	II Political Awaking: The Gandhi an Era,	25		
2. 3. 4. 5.	Gandhian Ideologies of Ahimsa and Satyagraha. Rowlett Act and Khilafat Movement. Non Co-operation Movement. Civil disobedient Movement. Quit India Movement. India Independence and Partition.			
Unit-V	/II – India after Independence	15		
2. 3.	Congress rule (1947-77, 1980-89)  Janata Party Govt. (1977-79)  Working culture of the Coalition Governments  IX- A Brief survey of India's relations with neighboring Countries			
1. 2.	Indo - Pakistan relations and the Kashmir Issue Indo - Bhutan relations.	भारति वर्गाति		
3.	Indo - Nepal relations.	arean!		
4.	Indo - Sri Lanka relations	का प्रतिष्		
Recommended Books				

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Asia Publishing House, India 1967.

Pvt. Ltd.2011.

1. Argive, Daniel, Moderates Extremities in the Indian National Movement, Bombay:

2. Chand, Bipian Chandra, Adhunik Bharat KaaItihas New Delhi; Orient Black Swain

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- 3. Chandra Ram Guha, India after Gandhi, London: Picador, 2007
- 4. Chhabara O. S. Advanced Study of the History of Modern India (Part111) Delhi; Sterling Publishers, Pvt. Ltd. 1971
- 5. Datta Kalikinkar, Ray Chaudhary, H.C. Majumdar, an Advanced History of Modern India. (Part111) Delhi: Macmillan Fourth Edition 1986.
- 6. Dodd Well, H. H. The Cambridge History of India. Vol. VII. Delhi: S. Chand and Company, 1958.
- 7. Gupta, Santiswarry, British Relations with Bhutan. Jaipur: Panchaseel Oksana 1974.
- 8. Husain, M.H, Syed Ahmed Khan, Pioneer of Muslim Resurgence, Lahore: 1974.
- 9. Mahajan, V. D. Modern Indian History (Vole Vii) Delhi: S. Chand and Company, 1990.
- 10. Majumdar, R. C, an Advanced History of India. (part111) London; Macmillan 1902.
- 11. Nehru Jawaharlal, Towards Freedom, Boston U.S.A Beacon Press, 1958.
- 12. Rahul, Ram, Rise of Nepal and Bhutan, New Delhi: Munshiram Monoharlal Publisher. 1984.
- 13. Roberts, P. E, History of British India.Oxford; Clarendon (press) Latest Edition,
- 14. Sarkar, Summit Modern India (1885-1947) Delhi: Macmillan, 1989.
- 15. Spear, Percival, The Oxford History of India (1740-1975) Delhi: Oxford University press, 1975.







# Tribhuvan University Faculty of Humanities and Social Sciences Courses of Studies Bachelor of Arts in History 2076

Subject:

History

Code:

Hist. 410 Elective

Course title:

**Introduction to Tourism Development** 

Year:

Third

FM: Pass: 100 40

Total:

150 hours

## **Course Description**

This course is designed to acquaint the students about the different dimensions of modern tourism and its growing importance in the world as well as in Nepal. This is an introductory course which gives the students about the conceptual knowledge of the tourism industry and its different aspects. The course mainly consists of the introduction of tourism and tourist, components of tourism, evolution and growth of tourism industry, tourism impacts and sustainable tourism development, and theories of tourism development. After completion of the course the students will be able to understand the role of tourism to the development and its theoretical approach more comprehensively.

### **Course Objectives**

After the completion of the course student will be able to;

- Understand tourism industry comprehensively,
- Explain tourism and its relation to society, economy and environment,
- Know the key factors of the growth and development of modern tourism
- Be familiarizing with the various tourism products and activities of Nepal.
- Make a plan of tourism development.
- Describe the nature and stages of tourism destination development.

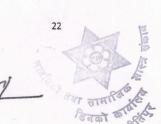
## Unit I: Introduction to the Concept of Tourism

- 1. Brief introduction to the history, culture and geography of Nepal
- 2. Meaning and concept
- 3. Conceptual and technical definitions of tourism
- 4. Nature and characteristics of tourism.
- 5. Five 'A' dimension of tourism Attraction, Accessibility, Accommodation, Amenities and Activities.
- 6. Inter-disciplinary Approach to study tourism.

## Unit II: Travelers and Tourists

1 Defining tourists and their types.

2 Tourists' motivation:





3	<ul> <li>i. Definition and types of motivation</li> <li>Tourists' decision making process.</li> </ul>	
Unit III: D	evelopment of Tourism through the Ages	25
1.	Global Development of Tourism	
	2. Introduction:	
	3. Early period of travel,	
	4. Travel during the Medieval period,	
	5. Renaissance and its effects on tourism	
	6. Industrial revolution and birth of Mass tourism,	

## 2. Development of Tourism In Nepal

1. Travel patterns in early and medieval times

8. Recent trends inglobal tourism industry.

2 Changing trends of Travel after the unification of Nepal

7. Key factors for the development of Modern Tourism in the 20<sup>th</sup> century

- 3. Leisure and recreational travel during the Rana regime
- 4. Over view of Pilgrimage tourism
- 5. Modern Tourism Development in Nepal after 1950.
- 6. Factors affecting development of tourism in Nepal.

## Unit IV: Impacts of Tourism

20

- 1. The Concept of Impact of Tourism,
- Effects of Tourism in Society and culture
  - Acculturation,
  - Commodification, and
  - Cultural shift;
- 3. Economic Impact of Tourism
- 4. Impact on environment
- 5. Sustainable tourism development-concept, definition and guiding principles.

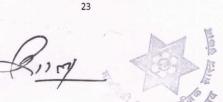
## Unit V: Theories of Tourism development

- 1. Introduction to the development,
- 2. Four platforms of tourism development
- 3. Theories of Tourism Development
  - i. The diffusion theory,
  - ii. The dependency theory,
  - iii. The modernization theory,
  - iv. The world system theory.

## Unit VI: Tourism Organisations

1. Introduction,

- 2. Types of tourism organizations
- 3. Major International tourism organizations their role and functions
  - i. United Nations World Tourism Organization (UNWTO),
  - ii. International Civil Aviation Organization(ICAO),
  - iii. International Air Transport Association (IATA),
  - iv. Pacific Asia Travel Association(PATA,)
- 4. Major national tourism organizations, their role and functions





15

- i. Ministry of Culture, Tourism and Civil Aviation (MocTCA),
- ii. Civil Aviation Authority of Nepal (CAAN)
- iii. Nepal Tourism Board (NTB)
- iv. Nepal Association of Tour and Travel Agents (NATTA)
- v. Trekking Agents Association of Nepal (TAAN)
- vi. Hotel Association Nepal (HAN), and
- vii. Basic information about other major tourism associations of Nepal.

## Unit VII: Tourism Products of Nepal-

20

- 1 Tourism infrastructures and products of Nepal
- 2 Types of tourism products of Nepal
  - i. Tangible and intangible;
  - ii. Natural and man made;
- 3 Major tourism activities of Nepal
  - i. Mountaineering,
  - ii. Trekking,
  - iii. Rafting,
  - iv. Rock climbing,
  - v. Cultural tourism,
  - vi. Rural/village/home stay tourism,
  - vii. Urban tourism,
  - viii. Jungle safari,
    - ix. World Heritage sites of Nepal and National Parks, Wildlife Reserve and Conservation Areas.

## Unit VIII Tourism Policy and Planning in Nepal

15

- 1. Tourism Policy2008
- 2. Major policy, planning and strategies of tourism under different periodic plans
- 3. Review of Visit Nepal Year 1998; Destination Nepal year 2002-2004; Nepal Tourism Year 2011 and
- 4. Goals, objectives and strategies of tourism vision 2020.

## Suggested Readings:

- 1. Agrawal, M. and Upadhyaya, R. *Tourism and Economic Development in Nepal.*New Delhi: Northern Book Centre. 2006
- Bhatia, A. K. Tourism Development Principles and Practices. New Delhi: Sterling publishers. 2005
- 3. Bhatia, A.vK., *The Business of Tourism, Concepts and Strategy.* Sterling Publishing, New Delhi, 2006.
- 4. Burkart, A. J and Medlik, S. Tourism Past, Present and Future, ELBS. 1998
- 5. Cooper, C. Tourism: Principles and Practice. Essex: Pearson Education. 2005
- 6. Different Five/Three Years Plan Books Published by Nepal Government, National Planning Commission.
- 7. Goeldner, C. R and J.R.B. Ritchie. *Tourism: Principles, Practices, and Philosophies*. New Delhi: Wiley India. 2006
- 8. Pradhan, Kamal Maiya. *Macro and Micro Perspectives of tourism in Nepal,* Kathmandu: Benchmark Education Support. 2008

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- 9. Satyal, Y. R. Tourism in Nepal: A Profile. New Delhi: Adroit Publishers. 2004
- 10. Satyal, Y. R. Nepal: An Exotic Tourist Destination. New Delhi: Adroit Publishers. 2001
- 11. Swain, S. K and J. M. Mishra. *Tourism: Principles and Practices*, New Delhi: Oxford. 2011



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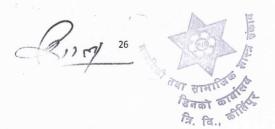
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Kirtipur

## Fourth Year

Hist. 426
Contemporary Nepalese Society and Polity

Hist. 427
Introductory Research Methodology





Central Department Of History
Tribhuvan University
Kirtipur

# Tribhuvan University Faculty of Humanities and Social Sciences Courses of Studies Bachelor of Arts in History 2076

Subject:

History

Code:

Hist. 426

Course title:

**Contemporary Nepalese Society and Polity** 

Year:

Fourth

FM:

100

Pass: Teaching hrs 40 : 150

## **Course Description**

This course is designed to provide student with a historical insight on contemporary Nepalese society and polity. Nepal has experienced rapid changes in its society and political systems since the last decade of twentieth century. Those changes have affected various socio - political issues in contemporary society. Those changes finally contributed to restructure the existing state system. Nepal has entered into the federal structure of the state. Hence, this course aims to make student familiar with those social and political changes occurred after 1990.

## **Course Objectives**

The main objective of this course is to make student able to understand historical dimension of contemporary socio-political issues and its role for change.

After completion of this course student will be able to;

- Understand various socio-political issues that have arisen in the country.
- Analyze the role of socio-political movements and their contribution in the formation of Constituent Assembly.
- Examine ethnic, gender, and human rights issues and role of government to address them.
- Know the different dimension of federalism in Nepalese context.

## Unit I Political Changes in Nepal after 1991

25

- People's Movement of 1990- Causes and effects
- Downfall of Panchayat system and establishment of Multi-party system
- Towards Constitutional Development and stability- Constitution of 1990; the General elections 1991 and local elections 1992.
- Party and policies 1990-2003

#### Unit II Nepal in Transition

• Direct rule of the King [Feb 2005-April 2006]

Rise of the ultra-left and Maoist insurgency- nature and repercussion

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Peoples' Movement, 2006
 Reinstate of the Parliament
 Comprehensive Peace Accord (CPA) of November 2006
 Interim Government
 Features of Interim Constitution, 2007 AD
 Madhes Movement and the Peace Agreement
 Unit III Era of Challenges, Hope and Expectations
 Constitutional Assembly Election of 2008, and 2013
 Issues and challenges of CA
 Role of Political Parties

## 1. Ethnicity, Dalit and Gender Issues

30

25

• Social system and characteristics of the Nepalese society

Declaration of new Constitution and its main features

- Caste, and Ethnic structure
- Issues of ethnic identity
- Status of Women in the Nepalese society
- Gender Discrimination
- Movements for Women's rights
- Janajati movement and its impact
- Caste –based discrimination
- Issues of Dalits and their movements for equal rights

## 2. Social Inclusion and Exclusion in Nepal

15

15

- Concept of Inclusion and Exclusion
- The context of social exclusion in Nepal
- Legal attempts for Social Inclusion in Nepal

## 3. Human Rights in Nepal

- Introduction to the Human Right]
- Human Rights Charter and its provisions
- Legal Provision of human rights and Its Practice in Nepal

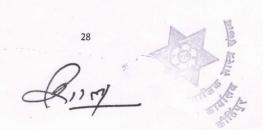
#### 4. Federal structure of Nepal

- The concept of federalism
- The issue of federalism in Nepal
- Issue of state restructuring in the Constitutional Assembly
- Constitution and the federal structure of Nepal

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## Suggested Readings

 Acharya, Meena, Padma Mathema and Birbhadra Acharya. Women in Nepal. Asian Development Bank. 1999.



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- 2. Bennett, Lynn. *The Status of Women in Nepal: Tradition and Change in the Legal Status of Nepalese Women* Vol. I Part 2: Kathmandu: CEDA 1979.
- 3. Bishwakarma, Padmalal. *et al, Nepali Dalit Aandolanko Sanchhipta Itihas.* Kathmandu: Janautthan Pratisthan. 2063.
- 4. Devkota, Prabodh M. (ed.). *Dalits of Nepal: Issues and Challenges*. Lalitpur: FEDO. 2005.
- 5. Human Rights Year Books, Published by INSEC.
- 6. Whelpton, J. A History of Nepal. Cambridge: Cambridge University Press. 2005
- 7. Mishra, Shanti. Voice of Truth: The Challenges and Struggles of a Nepalese Woman. New Delhi: Book Faith India. 1994.
- 8. Brown, T. Louise. *The Challenge to Democracy in Nepal: A Political History London:* Routledge. 1996
- 9. Upadhya, Shizu. *The Status of Women in Nepal 15 Years On, Studies in Nepali History and Society* 1(2): 423-453 December 1996.
- 10. Mishra, Chaitanya and Om Gurung. *Ethnicity and Federalization in Nepal.* Kathmandu: Central Department of Sociology/Anthropology, TU., 2012.
- 11. Karki, B. and Edrisinha, R. eds. (2014) *Federalism debate in Nepal*. United Nations Development Programme (UNDP) and Support to Participatory Constitution Building in Nepal (SPCBN). 2014







## **Tribhuvan University** Faculty of Humanities and Social Sciences Courses of Studies **Bachelor of Arts in History** 2076

Subject: History Code: Hist 427

Course title: Research Methodology and Academic Writing

Field survey: 30 hrs

Year: Fourth Full Marks: 100

Class work: 80 Field work **Total Teaching Hrs:150** 

Class room teaching: 120 hrs

## **Course Description**

This course is designed to impart basic knowledge of research methods and academic writing to the students and familiarize them with tools and techniques of historical research and art of academic writing. The aim of this course is to make able student apply historical research methods and techniques independently and produce good research report. This course includes the basics of research methodology, proposal writing, research design, data collection methods and tools, sampling, report writing techniques and academic writing.

#### **Course Objectives**

After the completion of this course student will be able to

- Understand basic research methods and process
- Prepare research proposal
- Use appropriate tools and techniques of data collection
- Prepare research report applying appropriate methods.

#### Introduction to Research Methodology Unit: I

- 1. Meaning of research
- 2. Types of Research
- 3. Research Process

#### Research Design Unit: II

- 1. Introduction to research design
- 2. Types of Research Design

#### Research Method in History Unit: III

- Features of Historical Research
- Primary and Secondary Sources
- 3. Meaning and types of evidence
- 4. Credibility and reliability of evidences





Jnit: IV:	Data Collection Method	25
	<ol> <li>Library research</li> <li>Documentary sources</li> <li>Field research – Interview, questionnaire and observation methods</li> <li>Sample and Sampling</li> </ol>	
Jnit: V:	Proposal Writing	10
	<ol> <li>Research proposal and its components</li> <li>Topic selection</li> </ol>	
Jnit: VI:	Writing the Research Report	10
	<ol> <li>What is research report?</li> <li>Types of Report and</li> <li>Report writing</li> <li>Report Typing – Format, fonts, margin, spacing, paragraphs, writing q</li> </ol>	uotations
Jnit: VII	Academic Writing	30

3. Note taking, writing, Organising paragraphs, abstract writing,

Citing other's ideas, Plagiarism, acknowledgement of others' ideas

## 5. Reviewing and rewriting

Unit VIII: Field Report writing

Introduction to Academic Writing
 Structure of a Research Paper

30

Thai part of research methodology assigns student with field survey and writing a research report. Each student is required to survey field and write report. This segment carries 20 marks weightage.

### References:

- 1. Bailey, S. Academic Writing: A Handbook for International Students. New York: Routledge. 2006
- 2. Brazhun, J. and H. F. Groff. The Modern Researcher. Harcourt: Brace Jovanovich. 1972
- 3. Hockett. H. C. *The Critical Methods in Historical Research and Writing*, New York: Macmillan. 1964
- 4. Kirlinger, F. N. Foundation of Behavioural Research, Bangalore: Prism Books. 1995
- Krishnashwami, O. R. and Ranganatham, M. Methodology of Research in Social Sciences. Mumbai: Himalaya Publishing House. 2008
- 6. Kuppurum, G, and K. Kummudamini. *Methods of Historical Research*, New Delhi: Sundeep Prakashan, 2002
- 7. Mathukutty M. M. and B. S. Pawar. Academic Writing: A Guide for Management students and researchers, New Delhi: Response Books. 2010
- 8. Pant, P. R. Social Science Research and Thesis Writing. Kathmandu: Buddha Academic Publishers 2009