

10 + 2 MANAGEMENT

(National Examinations Board)



FOUNDATIONS
FOR YOUR CAREER



IST Secondary School

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VISION, MISSION & GOAL

IST Secondary School (ISTSS) is focused on providing excellent foundation to its students for their higher studies in the related field.

The objective of the institution is to enhance each student's overall academic and professional skills which is useful during their higher studies. Hence, ISTSS emphasizes in transforming student's attitude, discipline and personality giving them edge over others.

ISTSS not only focuses on theoretical classes but also equal importance is given to the practical session in the related subjects. This strategy has helps students to get the entry level position in the industry.



IST AT A GLANCE

IST Secondary School have been established to offer Plus two level education emphasizing as the foundation for higher level education in the field of management.

IST Group has been offering various courses from 10+2 Level to Master's Degree in Hotel and Tourism Management. As per the government regulation IST Secondary School was established in the year 2017, under the flagship of IST College in order to provide the excellent platform to the incoming students who aspire to pursue in management studies and sector. There is a maximum input of practical classes in all the operational subjects and also internship to different hotels in the country which is completely new concept in this level. Additionally, the school has been providing development courses such as management workshop, visiting lectures, tours and other program for overall development of our students. The successful graduate can pursue for Bachelor's Degree in Hotel Management, Tourism Management, Business Management and IT.

IST Secondary School aims at developing practical, ethical and excellent communication skills of the students by providing each of them with the recognition of a successful career. In one hand the emphasis is on the academic know how and on the other hand the equal emphasis is on the personality development of the students. Though the curriculum of 10+2 Management is similar but the output for the students of IST is special due to the holistic education approach of providing the maximum

practical classes and internship opportunity as it will support the students to understand the industry in a better way.

IST students not only learn the specified subjects that are enlisted in the course structure but also they learn about the basics of life skills. Positive attitude, impeccable grooming, open mindedness is the vital component in today's competitive world and these qualities will have a long lasting effect on the young professional's mind and behavior. The fact that skills could be learnt at any juncture of life but having positive attitude is extremely essential, is well developed among all IST students.

The infrastructure of this institution is as per the need of the course where facilities like Spacious Classrooms, PMS Lab, Well-designed Demo Restaurant & Bar and Barista, Fully equipped Practical Kitchen, Training Reception, Practical Bar, Resourceful Library, Computer Lab with easy access to Internet, Mock-up rooms with Necessary Amenities, Multipurpose Hall, Conference Hall, Indoor Cafeteria and Transportation facilities are available.

The team IST is always committed to provide a conducive environment for the learners because it will nurture and develop young minds into capable and highly motivated human resources - which is the need of the industry. The faculties are always working towards creating an opportunity for the students to capitalize their full potential, bring the best out of them and to prepare them not only to face the challenges in life but also to excel in any sector. Hard work, perseverance, dedication and discipline are the mantras

that are being instilled to the students in the regular manner.

IST not only provides the on campus educational facility but also provides an excellent platform for its students through well-crafted internship opportunity in four to five star deluxe properties all over Nepal. This internship provides the students with the overview of the hospitality trend, the latest innovation and about tradition and culture of different nationality which facilitate them to adjust in any situation. With the focus on academic knowledge, practical know how, disciplinary aspect of the students IST has been able to instill the "service orientation" in the students' mind which has become the positive feature of IST. This program helps students to get entry level job in hotels while pursuing their bachelor degree.

Apart from regular educational programs, IST has been deeply involved in Corporate Social Responsibility where IST has already organized training programs for Small and Medium Hotel Entrepreneurs of the tourism industry of Nepal. It also publishes a tourism educational journal "THE GAZE" which is the first of its kind in Nepal. Despite of this holistic approach to its quality education, the investment made by students is very affordable in comparison with national and international degrees available in the Nepalese scenario.

CAMPUS BUILDING



FROM THE DESK OF CEO



Narendra Bajracharya
CEO

Dear Prospective Parents and Students,

Welcome to IST Secondary School, under the umbrella of International School of Tourism & Hotel Management (IST), one of the best schools in the field of Tourism & Hotel Management.

To be successful hotelier one must have a sound base & foundation so that one can understand the basics of the hospitality industry. On the base of solid foundation only, one can possess sound academic knowledge & practical experience in every aspect of running a hotel. IST Secondary School provides such dynamic foundation on the basis of which one can be competent enough to pursue this as a career path.

Hence if your are keen in becoming a part of this booming industry and are looking forward to opting this challenging career in the world of hospitality and tourism, IST Secondary School offers exactly the one you need to fulfill your career dreams - an excellent, high quality hospitality

education that provides you with essential skills and practical experiences upon which you can build your career!

IST Secondary School offers an amazing educational package to provide internal degree in both economic mode and fast track. At the same time, you will have many options to get international degree from any of the stipulated Universities located in Austria, U.K. Switzerland, Thailand, Australia and USA.

Joining IST Secondary School also means creating a solid base for your education progression which will ensure your international career in hospitality industry, enjoying and exceptionally rewarding and friendly working environment. I would like to extend my best wishes to all those who wish to be a part of this exciting career.

Thank You.

FROM THE DESK OF DIRECTOR



Tej Bahadur Dhakal
Director

Dear Prospective Parents and Students,

Dear Prospective Parents and Students, First of all I would like to extend my best wishes to all SEE appeared students for the colorful and outstanding result.

By the time we graduate from high school, most of us have spent more than 14500 hours in the class room. Along the way, we learnt several million facts ranging from literature to mathematics, history and geography. But, after high school, we need to focus on professional education that shapes our future career.

Hence, I would like to invite all prospective students to Join IST Higher Secondary School for your Plus Two

education in the area of hospitality management. IST Secondary School offers the only hotel management degree after SEE in Nepal.

I strongly believe that parents are the primary educators of their children and the most significant variable affecting student achievement. Therefore, I would like to invite our prospective parents to visit our college and be assured on our facility and other strengths.

Once again, I thank you for your interest in IST.

Thank you.

FROM THE DESK OF PRINCIPAL



Samjhana Basnyat
Principal

Dear Prospective Students, Parents and Guardians,

It is my great pleasure to welcome you all to IST Secondary School which is under the banner of IST College which has become a trusted name in the hospitality education since 2004. At IST we believe in hands on education system with utmost focus on quality.

The Team IST is always focused on overall development of the students so that they have edge over others and can fit into any kind of challenging environment. The vision of the institution is to develop ethical, sound and competent human resources in the field of Hospitality Industry as this industry is the future of Nepal.

Besides the fulfillment of the prescribed course IST offers much more practical

exposure to the students including the customized internship before they earn their 10+2 Degree. This arrangement will help you to earn an experience in the hotels and will make it possible for you to get an entry level position in the industry.

The Team IST would like to assure you that our culture is to support young students like you all and groom you into well disciplined professionals in your respective field. For this college management is completely committed towards providing a conducive learning environment which will cultivate young minds like yours to become highly motivated individuals.

Let's work together for your bright future!!

MANAGEMENT TEAM

Faculties (Internal)



Sanindra Bajracharya
Head of Operations
Academic & Digital Marketing



Basu Dev Karki
Head of Operations
Administration & Admission



Anup Maharjan
Head of Department
Front Office & Promotion



Vikash Poudel
+2 Academic Coordinator



Saroj Pokhrel
Head of Department
Housekeeping & Logistic



Smriti Dongol
Head of Department
F&B Service



Ashish Raut
Head of Department
Food Production



Navaraj Bhatta
Officer
Administration & Logistic



Shrijan Shrestha
Officer
Digital Marketing & Logistic

Non Faculties



Pooja Sapkota
Head of Department
Examination & Student Affairs



Ramesh Pradhan
Head of Department
Finance



Madhab Raj Tripathi
Senior Officer Examination
& Student Affairs



Bishnu Devi Shrestha
Officer Finance



Anita Pudasaini Acharya
Officer Examination &
Students Affairs



Shova Shrestha
Librarian



Surendra Maharjan
Finance Executive



Kabita Dahal
Front Desk Executive



Khagendra Bista
Logistic Assistant

+ 2 Faculties (External)



Sashi Upadhyaya
Economics



Sukdev Koirala
Compulsory English



Ramhari Rupakheti
Accounting



Ram Prasad Chaudhary
Computer Science



Sachita Lohani
Nepali



Biva Maharjan
Bakery & Pastry



Bivusha Maharjan
Barista



IST
COLLEGE

IST



IST SECONDARY SCHOOL

PROGRAMS OFFERED

10 + 2 (Management)

Program Overview

This course is a customized course for those students who are aspiring to have a career in hospitality industry. It provides a foundation and clear picture about the industry, its functioning, different departments and overall observation of hospitality sector. With the maximum number of practical and the related theory classes the students can already carve their way to be hospitality professionals.

The student will get double benefit by joining the course as they will get +2 in Management with specialization in Hotel or Tourism Management and also a vocational certificate from IST College. Other components like management workshop, visiting lectures, competition based on talent helps students to gain knowledge beyond book and theory.

The aim of 10+2 Management program is to provide a firm knowledge and understanding of the contemporary hospitality, tourism and other industries. The program is also designed to prepare its graduates to assume entry-level positions in hotels, restaurants, travel agencies and other hospitality outlets.

The specific objectives of the program are:

1. To enhance students' critical thinking and to develop their basic analytical, problem-solving and decision making skills.
2. To offer a comprehensive study of the departments and functions of hospitality outlets including instruction of basic operating principles and concepts.
3. To provide students with a broad understanding of the fundamental principles and theories of the basic areas of business relating to the fundamentals of management within the hospitality industry.
4. To provide the skills necessary for entry level positions in all types in the travel, tourism and hotel management fields.
5. To provide a solid academic, technical and intellectual background that will enable students to pursue higher studies.

The duration of the program will be of Two Year Full Time. This program recognizes the knowledge and skills required for the entry level position in the Tourism and Hospitality outlets. The program course structure includes four main components: Basic Course, Core Course, Guest Lecture Series and on the Job Training.

1. The Basic Course focuses on prescribed course of + 2 Management.
2. The Core Course focuses on the functional areas of hotel management. In hotel management, it includes courses on Food Production, Food and Beverage Services Operation, Front Office Management, House Keeping Management, Barista and Bakery.
3. The Guest Lecture Series focuses on the sharing of ideas and experience with leading working professionals from different walks of life. The objective of this component is to enhance the executive skills and full potentials of the participants and provide an exposure and pathway to successful career.



The On the Job Training focuses on practical training for which students will be attached to some hotels, restaurants and hospitality outlets to acquire actual work experience in Nepal or in abroad.



Computer Science

The curriculum has been divided to different sections: level-wise competences, grade-wise learning outcomes, scope and sequence of contents with their elaboration, some indication to learning facilitation process and student assessment.

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COURSE DETAILS

HOTEL MANAGEMENT (OPTION 1)

Grade XI

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0011)	96
2.	Compulsory English (0031)	128
3.	Social Studies & Life Skill (0051)	160
4.	Accounting (1031)	160
5.	Tourism and Mountaineering (3051)	160
6.	Hotel Management (4391)	160

Grade XII

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0021)	96
2.	Compulsory English (0041)	128
3.	Social Studies & Life Skill (0061)	160
4.	Accounting (1041)	160
5.	Tourism and Mountaineering (3061)	160
6.	Hotel Management (4401)	160

HOTEL MANAGEMENT (OPTION 2)

Grade XI

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0011)	96
2.	Compulsory English (0031)	128
3.	Social Studies & Life Skill (0051)	160
4.	Accounting (1031)	160
5.	Economics (3031)	160
6.	Hotel Management (4391)	160

Grade XII

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0021)	96
2.	Compulsory English (0041)	128
3.	Social Studies & Life Skill (0061)	160
4.	Accounting (1041)	160
5.	Economics (3041)	160
6.	Hotel Management (4401)	160

HOTEL MANAGEMENT (OPTION 3)

Grade XI

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0011)	96
2.	Compulsory English (0031)	128
3.	Social Studies & Life Skill (0051)	160
4.	Accounting (1031)	160
5.	Marketing (3071)	160
6.	Hotel Management (4391)	160

Grade XII

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0021)	96
2.	Compulsory English (0041)	128
3.	Social Studies & Life Skill (0061)	160
4.	Accounting (1041)	160
5.	Marketing (3081)	160
6.	Hotel Management (4401)	160



COURSE DETAILS

COMPUTER SCIENCE

Grade XI

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0011)	96
2.	Compulsory English (0031)	128
3.	Mathematics (0071)	160
4.	Accounting (1031)	160
5.	Computer Science (4271)	160
6.	Business Studies (2151)	160

Grade XII

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0021)	96
2.	Compulsory English (0041)	128
3.	Mathematics (0081)	160
4.	Accounting (1041)	160
5.	Computer Science (4281)	160
6.	Business Studies (2161)	160

GENERAL MANAGEMENT

Grade XI

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0011)	96
2.	Compulsory English (0031)	128
3.	Social Studies & Life Skill (0051)	160
4.	Accounting (1031)	160
5.	Business Studies (2151)	160
6.	Economics (3031)	160

Grade XII

S.N.	Subject (Code)	Teaching Hrs.
1.	Compulsory Nepali (0021)	96
2.	Compulsory English (0041)	128
3.	Social Studies & Life Skill (0061)	160
4.	Accounting (1041)	160
5.	Business Studies (2161)	160
6.	Economics (3041)	160



KEY FEATURES

- Personality Development
- Dynamic Degree
- Vocational Certification
- Tailor-made Practicals
- Bank Financing for Deserving Students
- Internship Program
- Job Placement Services

TEACHING LEARNING METHODOLOGY

Instructional methods include lectures, demonstrations, labs, one on one tutorial and experiential learning component. Except for field trips, all instruction is conducted in a classroom or in a lab setting. Students will also be given an opportunity to do presentations to develop their personal, social, technical, analytical and managerial skills.

Problem-Based Learning (PBL) is also used as an application strategy to encourage the students to participate actively in the learning process. It is an instructional method that challenges students to "learn to learn," working cooperatively in groups in order to seek solutions to real world problems. These problems are used to engage students' curiosity and to initiate in learning the subject matter. PBL prepares students to think critically and analytically to find solutions and to use the appropriate learning resources.



INTERNSHIP PROGRAM

IST has been sending its +2 Level students for internship to 4 and 5 star hotels within Kathmandu Valley after the completion of year 2. The internship period is for 3 to 6 months whereby students get a chance to train in Food and Beverage Service, Food and Beverage Kitchen, Housekeeping and Front Office Department.

IST has been focusing in sending its students for the internship program in the +2 level itself so that students get a first-hand exposure on hotel operations and they are more prepared and have a competitive edge when they enter into their Bachelor's Degree while studying Hotel/Tourism Management.

During their internship program the students are provided with an excellent opportunity to interact with guests while working in various operational departments. Under the supervision of industry professionals, the students undergo their internship program. Therefore, IST is not only excelling students academically but also helping them to shape their future from the intermediate level itself.



INTERNSHIP HOTELS

- Gokarna Forest Resort, Kathmandu
- Vivanta by Taj, Lalitpur
- Ramada by Wyndham Dhumbarahi
- Shanker Hotel, Kathmandu
- Fairfield by Marriott, Kathmandu
- Hotel Dolmaling, Kathmandu
- Hotel Barahi, Kathmandu
- Hotel Grand, Kathmandu
- Grand Norling Resort, Kathmandu
- Hotel Le Himalaya, Kathmandu
- Maya Manor Boutique Hotel, Kathmandu
- Hotel Tibet International, Kathmandu
- Hotel Tibet, Kathmandu
- Hotel Manaslu, Kathmandu
- Hotel Shambala, Kathmandu
- Roadhouse Hotel, Kathmandu
- Hotel Marshyangdi, Kathmandu
- Ambassador Hotel, Kathmandu
- Club Himalaya Resort, Nagarkot





FACILITIES

- Spacious Classrooms
- PMS Lab
- Well-designed Demo Restaurant & Bar
- Fully equipped Practical Kitchen
- Bakery
- Barista
- Training Reception
- Practical Bar
- Resourceful Library
- Computer Lab with easy access to Internet
- Mock-up rooms with Necessary Amenities
- Multipurpose Hall
- Conference Hall
- Locker Facilities
- Indoor and Outdoor Games
- Cafeteria
- Transportation Facilities





STUDENTS LEARNING IN DIFFERENT SETTING



STEP BY STEP ADMISSION PROCESS (+2 MANAGEMENT)

Eligibility Criteria for +2 Management

- Students who have successfully completed a Secondary Education Examination (SEE), 'O' Level or equivalent are eligible to enroll into this program.
- Completed and signed enrollment application form
- A copy of Curriculum Vitae/Resume including special interests and activities

STEP 1

COLLEGE VISIT

- Our dedicated team is always ready to offer a counseling to provide in-depth information. We will provide overall information about the course structure, course perspective, fee structure, property visit, internship facility, opportunity after the completion of the course and other facilities.
- Application form to be collected from the college reception.

STEP 2

FORM SUBMISSION

After the counseling if the student wants to pursue the course the following is required:

- A Copy of Citizenship
- 3 recent Passport size photos
- A Copy of SEE Mark sheet
- A Copy of School Leaving/Transfer Certificate
- A Copy of Character Certificate - SEE
- One Motivational Essay regarding your choice to study at IST.

STEP 3

ENTRANCE EXAMINATION

- There will be a written examination of 1.5 hours.
- There will be a psychometric test to check the competency level of the candidate.

STEP 4

PERSONAL INTERVIEW

- Candidate who passes the written examination will have to go through one on one Personal Interview.

STEP 5

SELECTION FOR ADMISSION

- Selected student will be issued with an Enrollment Slip:
- During the admission time student will also be given Commitment Letter regarding the Code and Conduct of IST which needs to signed and returned during admission.
- Student will get admitted once the required fee is cleared.
- Orientation and class commencement date will be announced accordingly.



EXTRA CURRICULAR ACTIVITIES

Our learning is not only bounded to classroom. It is very important to have additional practical learning exposure outside the classroom as well. Therefore, many field visits and outside the class learning events are incorporated during the 2 years of academic study at IST. +2 Level students will get a chance to participate in Hotel Visits, Fundraising Event, Blood Donation Program, Welcome Event, Orientation Program and Educational Tour.



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STUDENTS SPEAK

Foundation for Bachelor Study



"I still remember walking inside IST on my first day, unsure of what to expect. Today, I walk out with a clear vision and a solid foundation for the future"

From the beginning, IST helped me grow academically, professionally, and personally. The well structured courses, supportive teachers and practical exposure we received through training and practice have prepared me to be better for the future. I've not only learnt the technical skills related to the hospitality industry but also developed key soft skills like teamwork, time management, problem solving, and leadership styles.

Our faculty members guide us with utmost care, and the supportive atmosphere of the college allows each student to grow at their own pace. Moreover the college's connections with the industry and opportunity for internship after grade 12 motivated us to aim higher.

Studying here has not only prepared me academically, but also shaped my mindset in discipline; qualities that I believe are essential for success in bachelor level studies and beyond. I feel ready to explore new opportunities, take on greater responsibilities, and pursue my dream career in this exciting industry.

As I step forward into bachelor level education, I feel equipped, confident, and excited. With confidence and clarity, I now step into next chapter of my life carrying everything I've learned at IST. It has truly been the launchpad of my academic and professional journey, and I am proud to call it my second home. Thank you IST!

Pratima Kunwar
+2 management

Importance of Internship



Internship is a short-term work experience offered by a companies or organizations to students or fresh graduates to help them gain practical knowledge in a specific field. It bridges the gap between classroom learning and the professional environment, helping students apply their knowledge in real life situation.

At IST Secondary School, offering internship[during the +2 level is a major advantages for students. IST offers a 3 to 6 month internship opportunity at 4-5 star hotels, where students are placed in different department such as Front Office, Housekeeping, Food & Beverage Service and Kitchen. This gives us a chance to understand how each department functions and explore which area matches our interest and future career goals.

The internship also helps us build essential soft skills like communication, team work, time management, customer handling and situation handling. We get the opportunity to meet professionals in the hospitality industry, which helps us create valuable networks and understand industry expectations.

The internship program at IST Secondary School is more than just training-it is a stepping stone toward a successful future. Getting such exposure at +2 level gives us a clear advantage and helps us move forward with strong foundation and a clear vision of our career path.

Sishant Shrestha
10+2 (Management)
2023 intake

STUDENTS SPEAK

Life Changing Opportunity



I am glad and delighted to join IST Secondary School. IST, an educational institution which allow the learning opportunity of practicals along with theory from very experienced mentor who has been working on a hospitality and tourism sector for more than a decade.

As a student, studying at IST Secondary School has been one of the most valuable and life changing opportunities in my academic journey. It's not just a place for studying, IST puts just as much efforts into helping us become skilled, confident and truly career ready people.

The thing that really sets IST apart, is that it helps us to get ready for real life. We're taught to communicate clearly, manage our time, work in team and keep our eyes on our goals. This life skill will helps us wherever we end up in the future.

IST also inspires us to figure out what we're really capable of. Whether through class activities, personality development sessions or actual hands on project, each experience gives us more confidence and new abilities.

So, in the end, IST Secondary School is so much more than just a school-it's a place that shapes our future. The values, supports, and opportunities we get here will stick with us long after we've graduated. I honestly feel proud to be an IST student, and I can say this experience has completely changed my life for the better.

Salina Magar
10+2(management)
2023 intake

Personality Development in IST



Personality development is also a prominent part of the education in IST College. For the college, education is not merely schooling but producing responsible and confident individuals. A number of programs and activities are organized to improve the interpersonal, communication, and leadership skills of the students.

The students of IST College are encouraged to participate in group discussions, seminars, and workshops. These help them to express more and develop their public speaking skills. It also boost their confidents and makes them able to overcome real-life challenges effortlessly.

The college also focuses on developing attitude and discipline among students. Regular counseling sessions and interactions with professionals provide students with valuable guidance on career and personal growth. This counseling gives them a picture of what they want to achieve and keep them motivated.

Overall, IST College provides an positive environment for personality development. With the right balance of academic study and self-enhancement activities, students are well-rounded individuals. They are not only ready for work but also for life outside the classroom.

Sarwan Kumar Sahani
10+2 (Management)

STUDENTS SPEAK



Well Crafted Internship

Understanding the fact that internship being the integral part of the hospitality education, IST not only provides the on campus educational facility but also provides an excellent platform for its students through well crafted internship opportunity in five star deluxe properties in countries like China, Dubai, Malaysia, India, Nepal and many more. This exposure provides the students with the overview of the world hospitality trend, the latest innovation and about tradition and culture of different nationality which facilitate them to adjust in any situation.



Personality Development

In IST students not only learn the specified subjects that are enlisted in the course structure but also they learn about the basics of life - life skills. Positive attitude, impeccable grooming, open mindedness are the vital component in today's competitive world and these qualities will have a long lasting effect on the young professional's mind and behavior. The fact that skills could be learnt at any juncture of life but having positive attitude is extremely essential and this is well developed among all IST graduates. Doing job in the best possible manner is well inculcated in ISTians mind throughout the college time and they display the outstanding behavior in their job. That is why ISTians are sought after in the industry.



Vocational Courses

At IST, students are given ample amount of practical exposure even in the plus two level. Small size practical groups allow students to engage themselves in the learning process better and get more personalized guidance by their practical teachers.

Similarly, to boost their confidence and work in a team, management workshop sessions are conducted regularly to get knowledge about the real world challenges and experiences from visiting lecturers of prominent personality are added.

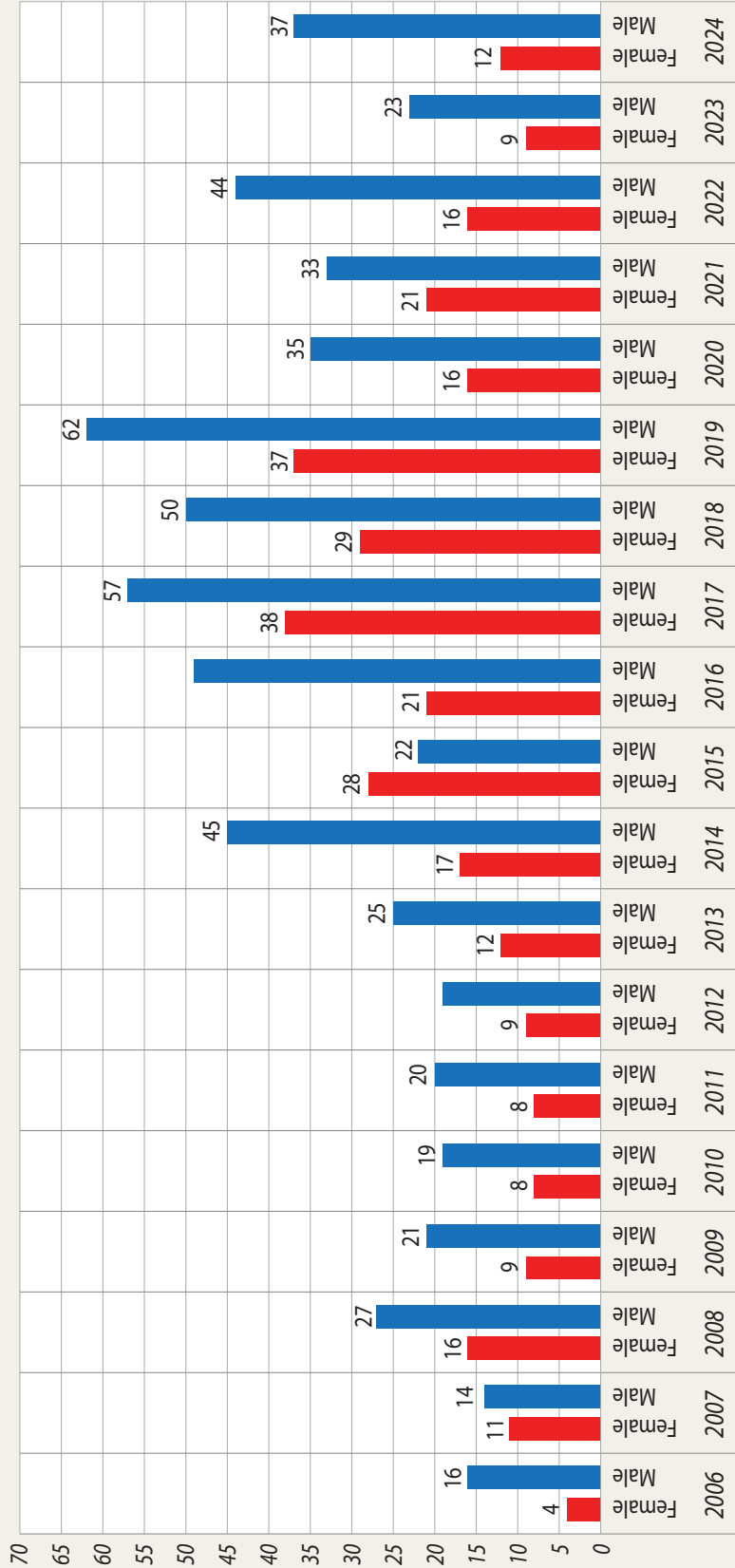


Highly Professional Team

At IST we have a true group of professionals with us. The young and dynamic group is always seeking to bring out the best from the students. Their untiring commitment in adhering to the standards of IST is so motivating. They do not seek any praise for their work but their skill and dedication is enormous. They spend many extra hours over and above their duty timing just to make sure to provide extra help to each student.

ADMISSION STATUS 2006 - 2024

+ 2 Level
Hotel Management



Total admitted students 2006-2024: 939

Female: 321

Male: 618

IST GRADUATES

Suziena Khadgi

Course & Year Graduated: Plus Two 2016
FHS DHM 2019



Current Company: Hyatt Centric Kathmandu

Location: Tahachal, Kathmandu

Position: Group, Conference & Events Sales Coordinator

About the Position: As a GCE Sales Coordinator, my responsibilities at Hyatt Place covers various aspects of sales coordination, event planning, client relationship management, sales and revenue generation along with administrative tasks. By effectively fulfilling these responsibilities, I collaborate closely with my corporate team to ensure that every event hosted at Hyatt Place exceeds our clients' expectations. With a strong focus on maintaining high levels of client satisfaction and driving revenue growth, I utilize the organizational, communication, negotiation, and multitasking skills honed during my time at IST.

Most Notable Success: One of my most notable successes occurred during a pivotal moment - my job interview for a position at Hyatt Place. As a graduate with a passion for hospitality but no prior sales experience, I faced a unique challenge. However, I seized this opportunity to showcase my abilities and make a lasting impression. During the interview, I had the opportunity to interact with the General Manager (GM) of the hotel. Instead of merely discussing my qualifications, I saw an opening to demonstrate my understanding of sales principles and my ability to deliver exceptional service.

Career Path to Date: After completing internships at two prestigious 5-star luxury hotels in China and Maldives, I ventured abroad to the vibrant city of Kuwait, where I joined the pre-opening team at the Waldorf Astoria Kuwait. In my role as F&B Guest Relations. After that I came back to Nepal and I transitioned into a sales role, where I am currently thriving and enjoying every challenge that comes my way.

Year Ahead: Through continuous learning, adaptability, and unwavering determination, I am committed to surpassing expectations and achieving remarkable results. With each challenge encountered, I see an opportunity for growth, and I am eager to embrace the journey ahead with enthusiasm and resilience.

Plan in the Future: With a passion for travel and a desire to immerse myself in diverse cultures, I aim to expand my expertise and experience in sales across different regions and markets.

About IST: Through various extracurricular activities and practical experiences, I was able to cultivate essential leadership qualities, effective communication skills, and the confidence to navigate the complexities of the professional world. As I embark on my journey in this competitive industry, I am eternally grateful to IST.

Ayush Shakya

Course & Year Graduated: Plus Two 2018
FHS DHM 2021



Current Company: Raffles The Palm Dubai

Location: Dubai, UAE

Position: Commis I (Cold Kitchen)

About the Position: Handling ala carte section and looking after the breakfast, maintain all cooking and chiller records, rotational work schedule in banquet section and ala carte section. Working with the team members to prepare salads, canapes, sandwiches, terrines and exotic dishes for different banquet function. Checking of stocks and informing Head Chef about items ordering, maintaining clean and hygiene in kitchen during the shift and ensure the foods are stored in proper place. Checking and preparing mise-en place for next shift.

Most notable success: Started my journey as a kitchen intern working in hot kitchen then after a year of completion of my interning I was offered job for cold kitchen because there was no vacancy in hot kitchen and my Executive Chef wanted to keep me anyway possible seeing my work and efforts and then I accepted the new challenge to work in cold section as a full time Chef. I also got a full scholarship in Dubai number one culinary school ie. ICCA (International Center for Culinary Arts) and currently I am studying plus working too. I have also catered in Abu Dhabi Grand Prix (F1) 2022, Dubai World Cup (2022 & 2023), Dubai Air Show (2021) and many more.

Career Path to Date: I started my career as a kitchen intern in Hotel Yak & Yeti, Kathmandu. I worked there for 3 months and I moved to Radisson Blu Hotel in Dubai also as a kitchen intern for 1 year and after that I joined the same hotel as Commis Chef. Currently, I am associated with Raffles the Palm Dubai as Commis Chef 1.

Year Ahead: I will spend a few more years with the current company as I need to learn more and upgrade myself. The hotel that I am associated with has some of the best Chefs in the world with whom I can learn many new things.

Plan for Future: I want to keep learning, teach other what I have gained throughout my career, work with great chefs, bigger companies and I will also love to open my own restaurant.

About IST: When I first came to Kathmandu in search of colleges that's when IST caught my eyes. I always felt something special about IST the environment, code of conduct and the courses is very different from what I have seen in other colleges. Now when I am actually working in hospitality field I realize even more that IST was preparing us for the industry. Thank you IST for your guidance, support and preparing us for the future.

Sadikshya Oli

Course & Year Graduated: Plus Two 2018
FHS DHM 2021



Current Company: Tamara Leisure Experience

Location: Coimbatore, Tamilnadu, India

Position: Front Office Team Leader/ Guest Relation Executives

About the Position: I work as a Front Office Team Leader and Guest Relations Executive, which is a luxurious business hotel in Tamilnadu. As a Front Office Team Leader and Guest Relations Executive, my role combines leadership with personalized guest service. I oversee daily front office operations, ensuring smooth check-ins, check-outs, and maintain high service standards at all times.

Most Notable Success: Successfully led the front office team through a peak holiday season, achieving a 98% guest satisfaction rating. Personally handled over 50 VIP arrivals and resolved key guest concerns promptly, resulting in multiple positive reviews and repeat bookings. Introduced a personalized welcome program for returning guests, which increased guest loyalty and enhanced overall brand reputation.

Career Path to Date: Started as a Front Office Associate, where I developed strong skills in guest handling, reservations, and daily operations. Promoted to Front Office Team Leader and Guest Relations Executive due to consistent performance, leadership ability, and a strong focus on guest satisfaction. Also received stellar awards in hotel within in short span of time.

Year Ahead: Focus on maintaining our No.1 OTA ranking through exceptional guest service and proactive feedback management. Strengthen team performance through training and leadership, implement new guest engagement initiatives, and drive operational efficiency to enhance overall guest experience.

Plan for the Future: Aim to step into a managerial role, overseeing front office operations and leading larger teams to deliver exceptional guest experiences.

About IST: What made IST College truly stand out was the personalized mentorship from experienced faculty members.

My journey is a reflection of everything IST College stands for: preparing hospitality leaders who are confident, capable, and committed. I carry the name of IST proudly wherever I go, and I will always be grateful for the education, experiences, and lifelong connections I gained there.

IST GRADUATES

Pasang Maya Sherpa

Course & Year Graduated: Plus Two 2019
FHSDHM 2022



Current Company: Sherpa Chai
Location: Colorado, USA
Position: Sales & Marketing Intern

About the Position: As a Sales & Marketing Intern at Sherpa Chai in Colorado, I would support sales and marketing efforts to grow its product and the brand. This includes identifying and reaching out to potential retail partners, As a Sales & Marketing Intern at Sherpa Chai in Colorado, you would support both sales and marketing efforts to grow the brand. This includes identifying and reaching out to potential retail partners, assisting with in-store demos and community events, and promoting the product through social media, and email campaigns. I also help create engaging content, conduct market research, analyze competitors, and assist with administrative tasks like maintaining records in the system and organizing promotional materials.

Most Notable Success: I moved to the US to pursue my master's degree. I completed my 1st year and at the same time, I have been opportune to carry an internship in my interested field. So far, I have been able to balance my studies and now work far from my home country Nepal.

Career Path to Date: After my bachelor's in Hotel Management, with additional experience in Sales and Marketing from one of the reputed 5-star chain properties Hyatt Place Kathmandu, I have witnessed my interest in the Marketing field, so now as well I am extending an internship as a Sales and marketing within USA market sector.

Your Ahead: Within the next year 2026 I am planning to graduate with a degree MBA specializing in Project Management and Leadership. Well, I don't see myself working in the Hotel line anytime soon again but I would stick with the company Sherpa Chai and work with it as a professional.

Plan for the Future: After my graduation. I want to build my expertise in managing projects and leading a team as a marketer for the company "Sherpa Chai" here in Colorado, US. I want to gain more practical knowledge and indulge my experience in the US market.

About IST: I was fortunate to be mentored by experienced faculty members and industry professionals. Their guidance played a key role in shaping my understanding of hospitality management. The combination of classroom learning, hands-on training, and strong mentorship at IST helped me develop the confidence, professionalism, and skills needed to thrive in the real world.

Gyalmu Sherpa

Course & Year Graduated: Plus Two 2021
FHSDHM 2025



Current Company: Hotel Ailwaldhof Parkhotel & Spa
Location: Baiersbronn , Germany
Position: Hospitality Trainee (Service & Housekeeping)

About the Position: I am currently working as a Hospitality Trainee in both the Service and Housekeeping departments. My responsibilities include welcoming and attending to guests in the restaurant, taking orders, serving food and beverages, setting up tables, and ensuring that every guest receives a professional and pleasant dining experience. I also assist in preparing and serving drinks, including both alcoholic and non-alcoholic beverages, which has helped me enhance my skills in beverage service. Additionally, I support during events and special functions, maintaining the highest standards of guest service.

Most notable success: I was selected for an international internship in Germany, which gave me the opportunity to experience a completely different work culture and environment. Being one of the few chosen from my batch is a proud moment and a big step forward in my hospitality career.

Career Path to Date: This is my first time working in Europe, and it has been a valuable experience. I've gained insight into the hospitality standards of Germany, learned to adapt to a multicultural workplace, and improved my communication and service skills.

Year Ahead: I am considering exploring other departments like front office or continuing to grow in service and beverage management. I'm also open to opportunities in different countries or even pursuing further studies if the right path opens up.

Plan for Future: My main goal is to continue building my skills and gaining valuable experience to support my future journey in the hospitality industry. I want to grow both professionally and personally by working in different environments and learning from diverse teams.

About IST: IST has played a crucial role in shaping my journey. IST College offers a wide array of practical and academic opportunities that prepared me for real-world challenges. The curriculum, combined with the guidance of dedicated faculty has made me confident and industry-ready. One of the most memorable parts of my time at IST was the strong friendships I built. We learned and grew together, sharing both challenges and successes.

Sahil Khaling Rai

Course & Year Graduated: Plus Two 2021
FHSDHM 2025



Current Company: Daichi Takimotokan Hotel
Location: Noboribetsu, Hokkaido, Japan
Position: Housekeeping (Floor Leader)& Kitchen(Cook)

About the Position: My responsibilities span both the housekeeping and kitchen departments, giving me valuable multi-departmental experience. In the kitchen, I work as a cook where I handle mise en place, prepare food displays for the buffet counter, and ensure that the counters are regularly replenished so guests can enjoy a seamless dining experience. In the housekeeping department, I serve as a floor leader.

Most Notable Success: One of my biggest achievements has been earning the opportunity to work in Japan through my internship. This has allowed me to gain first-hand experience in a professional work environment, become more independent, and showcase my abilities in a new culture.

Career Path to Date: Before coming to Japan, I worked as a trainee in the kitchen department at Akama Hotel in Dhumbarahi, specializing in Chinese and Italian cuisine. Since then, I have developed significantly in areas like communication, teamwork, handling pressure, and making quick decisions during challenging situations.

Year Ahead: My goal for the coming year is to complete my graduation and pursue a master's degree abroad in a field that aligns with my passion. I also plan to explore other sectors of the hospitality industry and expand my skills in new areas.

Plan for the Future: In the long run, I want to explore multiple aspects of the hospitality industry. I dream of opening my own cafe or restaurant chain across different parts of Nepal and eventually turning that into a larger vision for my future.

About IST College: I started my journey at IST College from Grade 11, and over the years it has played a major role in shaping who I am today. It taught me how to express myself in front of a mass audience and helped improve my communication, presentation, and leadership skills. IST has offered various platforms to showcase my talents and values. Thanks to its strong international connections, IST was also key in helping me secure this internship in Japan. Above all, IST doesn't just focus on academics it nurtures holistic growth and helps students become confident, ethical, and professional individuals prepared for the real world.

GRADUATION CEREMONY







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