



**SAMARPAN ACADEMY**  
**INSTITUTE OF CRISIS MANAGEMENT STUDIES**  
**(ICMS) Affiliated with Tribhuvan University (TU)**

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## **Introduction**

The Institute of Crisis Management Studies (ICMS), Samarpan Academy, is affiliated with Tribhuvan University's Faculty of Humanities and Social Sciences. It is a centre for academia, focusing on the management of crisis resulting from both natural and man-made hazards, as well as providing professional knowledge and training in counseling psychology.

ICMS offers two unique masters courses – Master of Arts in Crisis Management Studies (MCMS) and Masters in Counseling Psychology (MCP). Both multidisciplinary courses run for two-years. The MCMS advocates for a holistic approach in understanding how to effectively manage and take measures to resolve, adapt to and mitigate crisis-related issues both in the national and international contexts. The MCP focuses on social, emotional, educational and developmental concerns within the crisis setting.

Students are engaged in intensive fieldwork, case studies and independent research. ICMS equips its students with the necessary skills to pursue further scholarly research and practically apply the knowledge gained in class within their future careers.

## **Mission**

ICMS strives to achieve excellence and be a world-class education provider. The MCMS course is designed to help shape the intellectual, moral, and crisis management leadership skills necessary for meeting both natural and man – made global challenges.

The MCP course aims to help practitioners improve people's well-being, alleviate distress, resolve crisis, and increase coping and recovery capacity. The course focuses on developing practical skills for working with children and families in counseling settings.

## **Course Content**

### **MA. Crisis Management:**

#### **First Semester:**

Introduction to Crisis Management  
Geological Processes and Natural Hazards  
Changing Dimensions of Security  
Disaster Management Theory and Practice  
Multidisciplinary Research Methods and Design  
Leadership Development

#### **Second Semester:**

Critical Thinking  
Geo-Politics  
International Law  
Sociological Hazards  
Research Methods  
Stress Management and Report Writing  
Fieldwork and Term Paper

#### **Third Semester:**

Biological and Ecological Disaster  
Public Health and Emergency Response  
Transnational Social Issues  
Humanitarian Assistance  
Social Statistics for a Diverse Society  
Academic Writing  
Seminar and Report Writing

#### **Fourth Semester:**

Dissertation  
Understanding Terrorism  
Organisational Crisis Management  
Global Change and Sustainability  
Thesis Writing

## **MA. Counseling Psychology:**

### **First Semester:**

Foundations of Counseling

Life-Span Development

Mental Health Psychopathology

Multicultural Psychology and Counseling

Critical Thinking and Intellectually Disciplined Processes

### **Second Semester:**

Counseling Communication Skills (Practicum)

Assessment in Counseling: Theory and Practice

Behaviour Modification (Theory Practice)

Non-directive Counseling (Theory Practice)

Cognitive Behavioural Approach (Theory Practice)

Research Methods I.

### **Third Semester:**

Family Counseling (Theory practice)

Counseling with Children and Adolescent (Theory Practice)

Solution-focused Counseling (Theory Practice)

Career Counseling (Theory Practice)

Research Methods II.

### **Fourth Semester (Training and Internship):**

Expressive Therapies (Practicum)

Community Based Psychosocial Intervention (Practicum)

Introduction to Crisis Management Study (or optional - Trauma/Crisis Counseling)

Disaster Management Theory & practice (or optional - Mental Health Counseling)

Thesis

**Practise and Exercise:** Counseling practice and classroom exercise/role play will be designed according to subject and skill requirement. Students need to participate in skill learning training, workshops and practice both inside classrooms as well as in the field as assigned by the concerned teacher.



**ICMS faculty and students on an overnight field visit to the Nepal Army Birendra Peace Operation Training Centre in Panchkhal, Nepal**

## **Entry Requirements**

### **MA. Crisis Management:**

- Bachelor's degree with at least 2.0 CGPA or second division in any TU-recognized discipline
- English proficiency
- High performance on the ICMS entrance exam
- Working professionals and recent graduates are encouraged to apply

*Note: Applicants who have completed the qualifying educational level but are awaiting final results may apply on a provisional basis, provided he/she has already taken the last semester of final annual examinations of the program and passed all previous year/semester papers.*

### **MA. Counseling Psychology:**

- Completion of PGD in Counseling Psychology, or
- Bachelor Degree in Psychology, Social Work, Health Sciences or Medicine (with 3 papers in psychological sciences) with at least second division or 2.0 CGPA, and/or
- Masters in Social Sciences subjects with 3 to 6 months training and practice in counselling
- Selection is based on certificates and entrance exam marks



**Students collaborate during Chobar Field Excursion for Geological Processes and Natural Hazards course**

## **Careers**

Graduating from ICMS offers a unique opportunity to play a significant role in the national and international need for crisis and counseling experts. The Institute prepares students for professional positions in the various fields within Crisis Management and Counseling. As trained professionals, MCMS graduates will gain skills and expertise to respond to a range of uncertain, ever evolving crisis management complexities. They will be prepared to manage and evaluate alternative approaches as well as to make critical decisions that facilitate crisis response and recovery operations. Graduates of the MCP course will be qualified, knowledgeable, skilful and ethical counsellors equipped with the skills to work in a variety of settings with all types of clients.



**WFP Strategic Emergency Logistics Workshop at ICMS**

Graduating from ICMS will aid students in finding work in a broad range of fields, including international organisations such as the United Nations; non-governmental organizations working in the field of crisis management and social justice; in government and the public sector; or as researchers and journalists. Our Master's programs also prepare students to progress to Ph.D. level.

### **Msc. Crisis Management Alumni Experience**

*“Classes provided insights into national as well as international perspectives and experiences on a wide variety of subjects. The time and support provided by the teachers there is something that motivated me to study harder.” – Siddhartha Sharma, ICMS 1<sup>st</sup> batch, District Coordinator (Nuwakot), The Recovery Project Nepal, German Development Cooperation*





*"Enrolling in the Crisis Management Master's program at ICMS was the best decision of my life. I also had the opportunity to work as the Graduate Assistant which opened a lot of doors for me in order to make important connections for the advancement of my career. Currently, I am working for MAYAA Nepal as a volunteer while completing my thesis focusing on mainstreaming Gender Equality and Social Inclusion in Disaster Risk Reduction."* - Darine N. Boongullaya, MAYAA Nepal

*During my time at the ICMS I learnt a lot of important and transferable skills. I was able to put the crisis and disaster management theory and practises I learnt to good use after the Nepal earthquakes of 2015. Having completed my studies, I am currently working for a human rights organisation along the Thai/Burma border" – Max Morch, ICMS 2<sup>nd</sup> batch student, Progressive Voice Myanmar*



## **MA. Counseling Psychology Student Experience**



*"This course has been introduced into Nepal and TU for the first time. I found it interesting and believed that it would help me in my personal life to understand myself, enabling me to work more effectively as a counsellor to help others. As a military personal, working as a counsellor in the field is hugely beneficial to the people of Nepal. The administration has provided good facilities, and the teachers are experienced and dedicated to assisting us to learn. I have found the lessons very practical to implement in my day to day life."* - Dhiraj Thapa, First batch student

*“Having completed a Master’s in Education and PGD in Counseling Psychology, I worked as a Psychosocial Counsellor after the earthquakes in 2015. I provided support for women and children in Psychological Reability Centres run by Worec Nepal in Bhaktapur and Lalitpur. This experience motivated me to apply for the master’s course at ICMS to deepen my knowledge in Counseling Psychology and to be able to help people better.” – Kabita Rijal, First batch student*



**ICMS students participating in fire hazard training during a field trip to China**

## **Faculty**

ICMS faculty includes some of the best national and international scholars, practitioners, and experts currently engaged in disaster related fields – including International Law, Public Health, Terrorism, Geology, Peacebuilding, Environmental Sustainability and Crisis Management.

*“The Institute of Crisis Management Studies is moving forward with confidence and purpose. In our graduate and professional Master’s degree programme, you have the opportunity to study and understand the unprecedented evolutionary challenges of crisis that are currently facing the earth’s community.” – Dr. Ram Thapaliya, Chair of ICMS*



*“To prospective students, our staff is dedicated to helping you fulfil your academic potential, as are the rich array of resources we have to offer. Not only will you be a student here at the institute, but after completion of your two years with us, you will become an ICMS alumnus, which we hope will be a lifelong partnership.” – Lt. Gen. (Retd.) Bala Nanda Sharma, Executive Director*



**ICMS students on a field trip in Japan**

## Board of Trustees



**Ram Thapaliya, Ph.D**  
Chair of ICMS. He has worked extensively in Disaster management



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Founder of the Nepal Marble Bath House



**Satya Pahadi**  
Former Minister for Peace and Reconstruction and former interim member of Parliament



Students visiting ICIMOD, Kathmandu

## Resources and Services

ICMS provides various resources and services to help students enhance their learning experience, including:

- **IT Services:** The IT lab is equipped with computers, scanners, photocopy machines, audio visual aids and high-speed Internet access.
- **Library:** The ICMS library provides a range of different textbooks, reference books, articles and journals from a wide variety of reputed publications to aid students in their research.
- **Innovative Learning Experience:** ICMS provides a virtual classroom where students interact and listen to nationally and internationally reputed experts through Direct Video Conferences.
- **Auditorium:** ICMS boasts a state-of-the-art auditorium suitable for presentations, workshops, simulation exercises, and symposiums to facilitate the of sharing knowledge and learning skills.



**ICMS students on a field trip in Japan**

## **Campus and Surroundings**

The Institute's purpose-built premises provide comfortable, earthquake-resistant lecture theatres set amongst landscaped gardens and green space – creating an idyllic space for learning.



**Chinese delegates visiting ICMS**

## International Research and Exchange Opportunities

Students can participate in international field trips and study exchange programs. Through our international programs, students gain a broad perspective on hazard risks and crisis management. Previous programs include trips to Cyprus, Japan and China. Students from our international partner universities such as within the USA also join our students in Nepal to pursue joint research and training projects.



**ICMS students participating in the 'International University Search and Rescue Games' (IUSAR) Program held in Cyprus**



**ICMS students participating in the IUSAR program in Cyprus**

## Exposure to Events, Trainings and Workshops

At ICMS, you will have the opportunity to attend informative events about further study and working in the fields of counseling and crisis management, as well as relevant trainings and workshops organised in collaboration with valued partners.



**Dr. Michael Beevers presenting to students from Dickinson College and ICMS at the joint 'Climate Change and Human Security' Workshop**

We empower students to look further than their immediate study by exposing them to potential future professional and educational opportunities, as well as increase their knowledge and skill-base.



**Students hearing from Mr Ralf Rahders, EACEA Head of Unit, attending the ERASMUS+ Information Session**

ICMS, in collaboration with the COMRADES project, completed a highly successful two-day international workshop funded by the European Commission under the Horizon 2020 Scheme. Distinguished guests included Right Honorable Prime Minister Pushpa Kamal Dahal Prashanda, Honorable Members of Parliament and respected representatives of the diplomatic community, as well as Drs. Kenny Meesters and Shadrock Roberts, who led the COMRADES research in Nepal. The workshop provided a forum for exchanging knowledge about the role of information in disasters. Attendees presented current and ongoing research, case studies from the field, and examined current research trends and methods.



**Participants of the Comrades Project workshop**



**Honorable Prime Minister Pushpa Kamal Dahal Prashanda at the COMRADES Project workshop**



**Honorable Prime Minister Pushpa Kamal Dahal Prashanda presenting at the COMRADES workshop**

## **Gateway for International Representatives**

ICMS has earned a reputation for excellence in teaching and research in the fields of crisis management and counseling.



**Japanese Ambassador presenting on 'Japanese Foreign Diplomacy and Its Relations with Nepal' at ICMS**

Numerous foreign officials visit us each year to solidify the connections between both countries and institutions, providing valuable networking and inter-cultural knowledge exchange opportunities for students.



**US Ambassador providing a guest lecture on 'Leadership, Partnerships, and the Professionalization of Disaster Management at ICMS**



**Group photo of Prime Minister Pushpa Kamal Dahal, Myanmar Peace Delegates and Architects of Nepalese Peace Process**

Dr. Patrice Moulton has been a valued international member of the ICMS visiting faculty since 2015, having held a number of guest lectures relating to counseling psychology, crisis intervention, and psychosocial therapy. Dr. Moulton holds a Bachelor of Science in Social and Rehabilitation Services, a Master of Science in Counseling psychology, and a Ph.D. in Adult Education, all earned from the University of Southern Mississippi (USA). Currently, she works full-time at Northwestern State University (USA) as a Professor of Psychology.



**Dr. Patrice Moulton explaining the importance of Psychological First Aid at ICMS**

ICMS organises international guest lectures for students to broaden their knowledge and critical thinking on issues related to crisis, the international development sector, and mental health. Previous guest lectures include those by Dr Stephen Nagy and Mr Toru Fujishiro.

Dr. Stephen Nagy, Senior Associate Professor in the Department of Politics and International Studies at the International Christian University (ICU), Tokyo, Japan, presented a guest lecture on '*Political Risks in North and Southeast Asia: Assessing Stability in the Region*'. His lecture was followed by an insightful Q&A session where students could further explore the topic.



**Students engaging in a Skype lecture session with Dr. Nagy**

Renowned Japanese historian Mr. Toru Fujishiro presented a guest lecture on '*Japanese politics and diplomacy between the two world wars*'. The presentation was enlightening, discussing a new and interesting subject that students could critically engage with.



**Guest lecture by Mr. Toru Fujishiro**

Mr. Bernd Schell, Flagship 2 Coordinator (Disaster Preparedness and Response Capacity), Nepal Risk Reduction Consortium from the Danish Red Cross gave a guest lecture at ICMS. He presented on '*Disaster Preparedness - Local Approaches in a Global Agenda*'.



**Mr Bernard Schell presenting on 'Disaster Preparedness – Local Approaches in a Global Agenda'**

(ICMS) held a talk on “Groundwater Contamination: Progress and Perspectives on Restoration and Risk Reduction” presented by the United States Department of State Science Envoy, Dr. Linda Abriola. The program was jointly organized by the Regional Environment, Science, Technology and Health (ESTH) Office for South Asia, U.S. Embassy in Kathmandu and the Institute of Crisis Management Studies (ICMS).



**Participants of the workshop on 'Groundwater Contamination'**

A talk program was held on "Participatory Crisis Mapping" presented by Dr. Melinda Laituri, Geography professor at the Colorado State University at the Institute of Crisis Management Studies (ICMS).



**Dr. Melinda Laituri presenting on 'Participatory Crisis Mapping'**

Mr. Roger Sutton, former Chief Executive Officer of Canterbury Earthquake Recovery Authority (CERA), conducted a lecture on *'Leadership and Earthquake Recovery: Lessons from New Zealand'* at the Institute of Crisis Management Studies (ICMS). Mr. Sutton shared his leadership and earthquake recovery experiences. The focus of the talk covered challenges, lessons, and insights from the Canterbury Earthquake Recovery.



**Mr Roger Sutton conducted a lecture on 'Leadership and Earthquake Recovery: Lessons from New Zealand'**

The 'Cross-Cultural Exchange for Crisis Management' Program was jointly organized by the U.S. Embassy, Office of Defense Corporation

and the Institute of Crisis Management Studies (ICMS). The program included visiting cadets from the Reserve Officers Training Corps. (ROTC) to share their knowledge and expertise on crisis management and engaged in a panel discussion with ICMS student representatives on topics revolving around culture, academia, and disaster management.

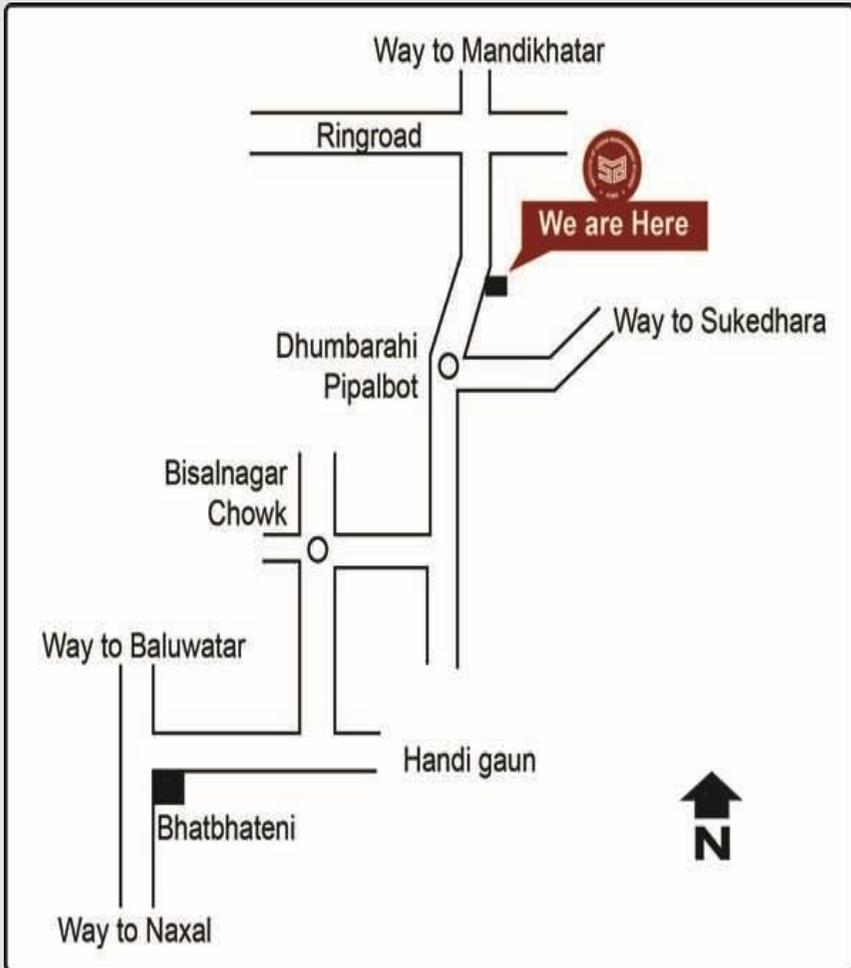


**Participants of the 'Cross-Cultural Exchange for Crisis Management' Program**

A joint lecture was organised by IFRC Nepal and the University of Pittsburgh, USA at ICMS. Mr Max Santner, Head of IFRC Nepal, visited ICMS to give a lecture on '*IFRC Actions & Roles in Crisis & Disaster Management.*' Prof. Louise K. Comfort, Director of the Centre for Disaster Management at the University of Pittsburgh gave a presentation on '*The Dynamics of Risk: Changing technologies, complex systems and collective actions.*'



**Participants of the joint lecture organised by IFRC and University of Pittsburgh**



**FOR FURTHER INFORMATION PLEASE VISIT:**

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